

**TEACHERS' RETIREMENT SYSTEM OF THE STATE OF ILLINOIS**



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**Post-Retirement Days Worked**  
*(for July 1, 2024 - June 30, 2025)*  
**For Retiree Use**

Retired TRS members should use this form to keep track of post-retirement teaching. With post-retirement employment, TRS retired members are currently limited to 120 days or 600 hours per school year in a TRS-covered position. The 120 days/600 hours limit is in effect through June 30, 2026.

**Record each full day (five or more hours) as five hours, even if more than five hours were worked on that date.** For partial days (fewer than five hours), record the actual number of clock hours worked to the nearest hundredth decimal.

Total number of hours paid
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July 2024				
M	T	W	TH	F
1	2	3	4	5
8	9	10	11	12
15	16	17	18	19
22	23	24	25	26
29	30	31		
Monthly Total				

August 2024				
M	T	W	TH	F
			1	2
5	6	7	8	9
12	13	14	15	16
19	20	21	22	23
26	27	28	29	30
Monthly Total				

September 2024				
M	T	W	TH	F
2	3	4	5	6
9	10	11	12	13
16	17	18	19	20
23	24	25	26	27
30				
Monthly Total				

October 2024				
M	T	W	TH	F
	1	2	3	4
7	8	9	10	11
14	15	16	17	18
21	22	23	24	25
28	29	30	31	
Monthly Total				

November 2024				
M	T	W	TH	F
				1
4	5	6	7	8
11	12	13	14	15
18	19	20	21	22
25	26	27	28	29
Monthly Total				

December 2024				
M	T	W	TH	F
2	3	4	5	6
9	10	11	12	13
16	17	18	19	20
23	24	25	26	27
30	31			
Monthly Total				

January 2025				
M	T	W	TH	F
		1	2	3
6	7	8	9	10
13	14	15	16	17
20	21	22	23	24
27	28	29	30	31
Monthly Total				

February 2025				
M	T	W	TH	F
3	4	5	6	7
10	11	12	13	14
17	18	19	20	21
24	25	26	27	28
Monthly Total				

March 2025				
M	T	W	TH	F
3	4	5	6	7
10	11	12	13	14
17	18	19	20	21
24	25	26	27	28
31				
Monthly Total				

April 2025				
M	T	W	TH	F
	1	2	3	4
7	8	9	10	11
14	15	16	17	18
21	22	23	24	25
28	29	30		
Monthly Total				

May 2025				
M	T	W	TH	F
			1	2
5	6	7	8	9
12	13	14	15	16
19	20	21	22	23
26	27	28	29	30
Monthly Total				

June 2025				
M	T	W	TH	F
2	3	4	5	6
9	10	11	12	13
16	17	18	19	20
23	24	25	26	27
30				
Monthly Total				